



Blooming Business through Feminine Power

3-day Experiential Retreat that includes
powerful exercises for
body, mind, energy and spirit
with Elvira Gottinger

SEPTEMBER 6,7,8
FRIDAY 5-9 PM, SATURDAY 9:30-5PM
SUNDAY 10-3PM

SALT LAKE CITY, UTAH

- *How do you feel as a woman?*
- *Do you want to increase your feminine radiance and power?*
- *Do you want to develop a mindset of an enlightened woman - ultimate creator of your own reality?*
- *What do you know about the magical power of a smiling feminine heart?*

**Come and learn how to clean and reprogram your energy field
and your subconsciousness for health, happiness and success in
private life and business!**



Elvira Gottinger

WWW.HAPPYQUANTUMWORLD.COM

Elvira Gottinger is an experienced and effective healer, transforming international spiritual and seminar leader, and founder and coach of many healing & manifestation techniques.

Besides her own methods, she also teaches many popular techniques like Tibetan Techniques for Manifestation, Russian Healing Methods, Time Line Therapy, Quantum Healing, Access Bars, EFT, NLP, Mind Self Programing, Self-Hypnosis, Mindfulness, Meditation, and much more.

Price for 3-day transformational seminar
\$ 270

inclusive alkaline organic vegan food and herb drinks

For this retreat, you should dress comfortably, bring warm socks, a yoga mat, a pillow and a blanket. Also bring your prettiest dress or skirt, as we will access our feminine power.

Contact for registration:

www.happyquantumworld.com
happyquantumworld@gmail.com
or text me on (612)368-7373



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Delve into deep self-exploration with this curriculum:

- Introduction + group dynamics.
- Mental exercises that increase your physical flexibility.
- Understanding and practicing techniques for Yin - Yang Balance.
- Exploring the meaning of mindfulness and how you can use it in your every day life.
- Practicing Meditation on the chair or by laying on the floor. (No complicated yoga positions).
- Through Spiritual Dancing, we will learn how to move the energy in our body.
- Understanding and trying high-vibrational food.
- Cleaning your energy field from spells and used energy. Freeing your meridians from the blockages for better energy flow.
- The "Power of Your Smiling Heart" exercise. Activate the power of your beautiful feminine heart to create and lead successful businesses.
- Being a Powerful Creator: Deepening understanding of one's intrinsic creative powers, qualities, and abilities.

**CONTACT FOR REGISTRATION:
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**I am looking forward to sharing
beautiful, fun and productive weekend with you !**